

# TOWN NEWS

SEPTEMBER 2023



Town of  
**Coalhurst**

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## *Mayor's Message*

I hope you had an enjoyable summer and are looking forward to the upcoming autumn season.

Our Council is delighted to have the opportunity to meet with our Member of the Legislative Assembly (MLA) and the recently appointed Minister of Tourism and Sport to explore opportunities for our community. Minister Schow has shown strong support for Coalhurst, as seen in the announcement of the modernization of Coalhurst High School, and we're grateful for his continued advocacy.



Budget season is approaching, and we would greatly appreciate your input and feedback for the 2024 budget. Council is currently discussing ways to involve the community in the budgeting process, and there will be opportunities for you to provide your feedback later this fall.

Lastly, the Town of Coalhurst, in collaboration with the RCMP, will host an information session on community crime prevention at 6:30 PM on Tuesday, September 12th, at the Community Centre. We hope to see you there!

Wishing you a fantastic September!

Mayor Lyndsay Montana

# TOWN NOTICES

## SEPTEMBER 2023



## COUNCIL MEETINGS

Join us in person at the Town Office  
or watch it live on our [YouTube Channel](https://www.youtube.com/@TownofCoalhurstAB/featured)  
<https://www.youtube.com/@TownofCoalhurstAB/featured>

Agenda topics include:

- Council Member Reports
- And much more! Visit our website for more information:
- <https://coalhurst.diligent.community/Portal/MeetingInformation.aspx?Id=105>

September Meetings of Council:

- September 5, 2023: Regular Meeting of Council
- September 18, 2023: Regular Meeting of Council

## PUBLIC NOTICES

- A Community Crime Prevention Information Session will be held on Tuesday, September 12 at 6:30 p.m. at the Coalhurst Community Centre. Join us alongside the R.C.M.P and the Community Peace Officer to learn about preventing crime in Coalhurst.
- The Spray Park will be closed for the winter by Friday September 15, 2023, weather permitting; if there is a cold day, public works will close it down sooner.
- Reminder that students are back to school. The Town adheres to Playground Zones at all schools and the maximum speed is 30 km/hour.





# MINERS DAYS

AUGUST 25-27, 2023

It was great to see Coalhurst come together for our 2023 Miners Days! Thank you to South Country Co-op and all their volunteers who made the fantastic breakfast happen and to Vicky and Noel Burles for the entertainment! A big thank you to MLA Joseph Schow and MP Rachael Thomas for joining us to serve the community pancakes. Our energetic parade was full of creative floats and live music. Thank you to the community volunteers who organized and executed the parade, it was one of the best yet. A special thanks to the Coalhurst Legion Branch #273 for hosting Friday's parking lot party and the Coalhurst Parks and Recreation Society for hosting Saturday's Party in the Park and Movie in the Park, and thank you to the Coalhurst Cruisers for Sunday's Show and Shine!

*Well done everyone!*



# EVENT CALENDAR

SEPTEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 DO Crew 3:30 - 5:30 PM	5 Council Meeting 6:00 - 9:00 PM	6 Infant Massage (FCSS) 10:00 - 11:30 AM	7	8	9
10	11 DO Crew 3:30 - 5:30 PM	12 Crime Prevention Info Session 6:00 - 9:00 PM	13 Infant Massage (FCSS) 10:00 - 11:30 AM	14	15	16
17	18 DO Crew 3:30 - 5:30 PM	19 Council Meeting 6:00 - 9:00 PM	20 Infant Massage (FCSS) 10:00 - 11:30 AM	21 Rec & Culture Committee Meeting 7:00 - 8:00 PM	22	23
24	25 DO Crew 3:30 - 5:30 PM	26	27 Infant Massage (FCSS) 10:00 - 11:30 AM	28	29	30



**Free**

# SENIORS' EXPO

Connect with service providers  
that support seniors.



**WEDNESDAY, OCT 25TH**  
2:00 - 6:00 PM



**TABER COMMUNITY CENTRE**  
**AUDITORIUM**  
4720 50 STREET



**(587) 370-8518**



**LEARN MORE**  
[www.fcss.ca](http://www.fcss.ca)

## Wellness Sessions

- 2:30 PM** CIRCLE OF RYTHYM - DRUMMING FOR ADULTS
- 3:00 PM** ESSENTRICS MINI CLASS - GENTLE EXERCISES
- 3:30 PM** CIRCLE OF RYTHYM
- 4:00 PM** CAN OPENER FOR YOUR MIND - PRESENTATION



## #YouAreNotAlone

"Creating Hope Through Action" is the theme for the World Suicide Prevention Day on September 10<sup>th</sup>, 2023. This theme serves as a powerful call to action and reminders that there is an alternative to suicide and that through our actions, we can encourage hope and strengthen prevention.

### Am I at Risk of Suicide?

Many kinds of emotional pain can lead to thoughts of suicide. The reasons for this pain are unique to each one of us, and the ability to cope with the pain differs from person to person. There are, however, some common causes that may lead us to experience suicidal thoughts and feelings. Some of the more common warning signs can include:

- **Withdrawing** from friends and social activities.
- **Lost interest** in activities that you were interested in or enjoyed doing.
- **Feeling hopeless**, having no reason to live, feeling like a burden to others, and/or feeling trapped.
- **Engaging in dangerous or self-harmful behaviours** such as driving recklessly, having unsafe sex, or increasing drug and/or alcohol use.
- **Trauma:** Having experienced recent trauma or a life crisis such as a death of a loved one or pet divorce or break-up of a relationship, diagnosis of a major illness, and/or loss of a job or serious financial problems.

Suicidal ideation isn't always like flipping a switch. These thoughts may come on gradually over a period of weeks or months. Someone who has experienced fleeting or passive suicidal thoughts for a long time may not immediately recognize when those thoughts turn truly dangerous. However, a sudden spike in such thinking is likely an indication of a larger mental health problem or a significant life challenge.

There is no shame in seeking help. Talking to a loved one, counsellor, or therapist about such thoughts is the first step to overcoming them, strengthening mental well-being, and moving toward recovery.

For help with suicide crisis and prevention you can call the Southern Alberta Distress Centre at (403) 266-HELP (4357), Talk Suicide Canada at 1-833-456-4566, FCSS at 1-587-370-3728, or 911 if you or someone you know is in immediate danger.

Visit [www.fcss.ca](http://www.fcss.ca) for more information.

Submitted by:  
**Merel Krosse**  
Counselling Practicum Student



### SERVING:

Barnwell | Barons | Coaldale | Coalhurst | Lethbridge County | County of Warner | Coutts | Milk River  
M.D. of Taber | Nobleford | Picture Butte | Raymond | Stirling | Taber | Vauxhall | Warner

# ADVERTISEMENTS

## Coalhurst Real Estate Scene

As Autumn arrives, children are back in school, summer holidays have come to an end, and leaves are falling - house prices aren't! The market is still flowing and we are moving into a post-summer peak in the market. Fall isn't quite as busy with real estate activity as are the months of May and June, but we expect stability even with higher interest rates.



Mikhaila Lagemaat

Statistics show that In Coalhurst we will have a "Balanced Market", leaning toward a "Seller's Market". That means if you have been "on the fence" about selling your house, now is a great time to list before we get into the typical winter slow down.

Buyers waiting for general prices to significantly decrease will be holding their breath into the "blue-faced zone", unfortunately. Although there have been a number of over-priced homes lately in Coalhurst. The next month or two will give you more options to choose from.

It's always a good idea to work with a Realtor® who is keenly familiar with the local market and community.

Call the Realtor® who has called Coalhurst home her whole life!

Mikhaila *knows* Coalhurst



**Right Choice**  
REALTY INC.

*Real Estate Done Right.*

Mikhaila Lagemaat, REALTOR®

(403) 892-8469

[mikhaila@rightchoicethbridge.com](mailto:mikhaila@rightchoicethbridge.com)  
[www.rightchoicethbridge.com](http://www.rightchoicethbridge.com)



# ADVERTISEMENTS

## The Royal Canadian Legion Coalhurst Branch 273

5205 6 Street Coalhurst Alberta

### September 2023

Thursday: Jitney Pool 7pm start

Burgers and Chips: Sept 14 & Sept 28 \*Cooked from 5-6:30pm for \$6.00 Kids get a free pop with meal.

Friday: Meat Draws: 6:00, 6:30 and 7:00.

Friday: Jitney Darts 7:00 start

Saturday: Free pool table

Steak Dinner \$20, Sept 23 sign up by Sept 20

General Meeting: September 12-7pm

We need a minimum number of 10 signed up to go ahead with steak night.

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sept 24, Oct 29, Oct 30 v-bingo, Nov 26

**Please call Wendy to volunteer 403-634-5262.**

We have gone to one Bingo a month and the odd E-Bingo. This has dropped our income by about \$1000 a month. You don't need to be a member to work the Bingo's. Money received helps both our club and community.

**Call the Legion for more Volunteer opportunities.**

#### Hours of operation

Wednesday -Thursday 5:00 until close

Friday- Saturdays 4:30 until close

*We will remain open if there are Patrons.*

Closed: Sunday, Monday, and Tuesday

403-381-3080

**We have complimentary rooms for non-profit organizations. We also have room rentals for private events. Please call for bookings.**



**Saturdays, "Smack the Jack" is still on the run. You could win half of over \$300 if you find him. You will still get 20% of the night sales if your ticket is drawn.**

### A BIG THANKS

goes out to all the volunteers, staff, donors, and entertainers, who organized, set up, decorated, played, served, and made donations. It made for a great parking lot party.

The Legion float took 2<sup>nd</sup> place. Way to go to visionaries and creators.

Legion mixed dart league registration will be on September 13 at 7pm with Jitney darts to follow.

\*Dart Sharks start Oct 12



Sign up for **Legion Sports** posted at the Branch, 10 days before each event. To participate members need to be in good standing including dues paid for current year. Should there be more than 4 teams, Branch playoff for pool will be Oct 7 doubles and Oct 14 for singles.

*The General Meeting is on September 12-7pm. Please join in and help make decisions for our club. We only have 4 general meetings a year. This is an election year for Executive positions.*

**Veterans who need assistance can send an email attention Service Officer at [legionbm273@gmail.com](mailto:legionbm273@gmail.com)**



Through your donation to the Legion Poppy Fund, the Legion provides financial assistance and support to Veterans, including the Canadian Armed Forces and their families who are in need. Donations accepted at any time.



# ADVERTISEMENTS

## COALHURST 55 PLUS CLUB

Come join us and meet new neighbors!

We meet several times a week – Wednesdays, Fridays, and Saturdays at the Coalhurst Legion, use the back door off of the alley. Come for coffee or for just some good conversation.

Do you like to play games? We have shuffleboard, table tennis, cards, and more. Special events are often planned.

Plan to attend our Open House: Wednesday, September 27, 2023, between 6:30 pm to 9:00 pm (there will be door prizes, snacks and a draw for a gift basket).

Hope to see you there!

For more information call Les @ (403) 308-8046

