



TOWN NEWS

Coalhurst, Alberta

August 2022

AUGUST

- 2 Committee of the Whole 7:00 p.m.
- 9 Council Meeting 7:00 p.m.

26-28 Miners Days

SEPTEMBER

- 5 Labour Day (office closed)
- 6 Council Meeting 7:00 p.m.
- 13 Committee of the Whole 7:00 p.m.

You can now view Town Council meetings by subscribing to the Town's You Tube Channel at https://www.youtube.com/channel/UCS3kdzlvzavAguAj_aM4d_xg or find the link on the Town web site under Government – Council Minutes & Agendas.



**** Subject to the Freedom of Information and Protection of Privacy Act of Alberta, Section 22(2)(a) and Section 38(z), information submitted to Town Council, including personal information, such as name, address and phone number of the writer may be disclosed to the public and the media at the public Council or Committee meeting.**

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E-mail: main@coalhurst.ca
Check Web site www.coalhurst.ca for
details on locations for hard copy
pick up and for submitting ads



TOWN OF COALHURST
MINER'S DAYS

CHECK OUT THE ACTIVITIES
PLANNED FOR

THE TOWN OF COALHURST

2022

MINER'S DAYS





**Big Brothers
Big Sisters**
OF LETHBRIDGE AND DISTRICT

**Looking to become a volunteer Big or
Little (child in our programs)?
Join one of our programs!**

Traditional Mentoring:

Bigs and Littles can do activities out in the community together with a commitment of 2-3 hours once a week for a minimum year.

Go Girls/Game On:

Ages 10-14. Runs for seven weeks, once a week, for 40 minutes. Bigs meet with a group of Littles, play games together, and talk about mental health and COVID-19 related challenges.

Teen Mentoring:

This program matches a High School student with a child in Grades 1 – 6. The matches participate virtually in planned activities such as crafts, challenges, trivia games, experiments, and much more!

For More Information:

Please call 403.328.9355 or email at
info.leth@bigbrothersbigsisters.ca



NEIGHBOURHOOD PLAY PROGRAM

FREE Summer Drop-In Program
July 4th – August 18th, 2022

ABOUT US

For Children aged 6-12
NPP Offers a variety of fun outdoor activities, games and crafts that encourage "learning through play"!



DATES & TIMES

Monday-Thursday

Morning Session 9:00AM-Noon*
Afternoon Session 1:00PM-3:00PM*

*YWCA Lethbridge & District does NOT provide supervision over the lunch hour.

Children may attend both the morning and afternoon session, but they must leave the site over the lunch hour.

2022 Location

Coalhurst

Miners Memorial Park
- David A. Veres Social Area

HOW TO REGISTER

Pre-Registration is NOT required.

Just bring your child to the designated parks and complete the paperwork on site.

FOR FURTHER DETAILS

sbolwen@ywcalethbridge.com
(403) 329-0088

Summer Fun with FCSS

Join FCSS for summer fun!

Welcoming all caregivers together with their children ages 0-12 years of age.

**Free
Activity
Bag and
Snack**

WEDNESDAYS

August 3, 10, 17, 24

10:00 - 11:30 am

COALHURST

Imperial Meadows Park

Don't forget to
bring water,
a hat and
sunscreen!



Photo by Georgia Maciel

REGISTRATION APPRECIATED / DROP-IN'S WELCOME!

JACKIE

(403) 732-5470 or jackie.firoino@fcss.ca





TOWN OF COALHURST MINER'S DAYS

AUGUST 26, 27 & 28, 2022

SCAN ME



FRIDAY, AUGUST 26

COALHURST LEGION
PARKING LOT PARTY

LIVE MUSIC BY COYOTE FLATS, DRINK
SPECIALS, BBQ, EVERYONE WELCOME

SATURDAY, AUGUST 27

PARADE

10 A.M. START | MAIN STREET

PARTY-IN-THE-PARK
IMPERIAL MEADOWS PARK

11 A.M. - 3 P.M. | FREE FUN FOR THE WHOLE
FAMILY! FOOD TRUCKS, SLIP AND SLIDE,
LAZER TAG, BOUNCY CASTLES, TRAIN RIDE,
AND MORE!

MOVIE-IN-THE-PARK
IMPERIAL MEADOWS PARK

SUNDOWN | FREE OUTDOOR MOVIE IN
THE PARK. BRING YOUR LAWN CHAIRS AND
BLANKETS AND ENJOY SOME POPCORN WITH
YOUR NEIGHBOURS!

SUNDAY, AUGUST 28

**HISTORICAL
WALKING TOUR**

SELF-GUIDED | TAKE A WALKING TOUR OF OUR
TOWN AND LEARN ABOUT OUR HISTORY AND
WHAT MAKES COALHURST SO SPECIAL

SHOW AND SHINE
MINER'S PARK

10 A.M. - NOON REGISTRATION
NOON - 4 P.M. CAR SHOW
FREE, EVERYONE WELCOME, AWARDS FOR
BEST IN SHOW AND MORE!



COALHURST LEGION MINERS DAY

PARKING LOT PARTY!!

Friday, August 26th

5:00-11:00pm

With entertainment by

“COYOTE CREEK”

Pulled Pork Buns and Coleslaw

50/50 and Meat Draws

Kids Entertainment

Outdoor Bar Service and More!

**This Event is Open to
EVERYONE!!**

**The Legion will be open from 4:30 pm with Free Pool, Darts and
Shuffleboard.**

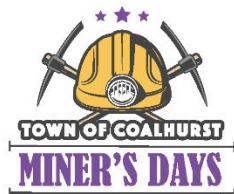
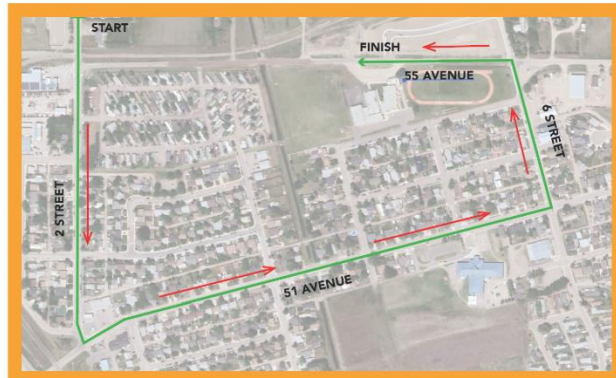
**Children under age are welcome until 8Pm, but must be supervised at
all times**

COALHURST MINER'S DAYS 2022



SATURDAY, AUGUST 27

10 A.M. START | EVERYONE WELCOME



ARE YOU A GROUP, SOCIETY, BUSSINESS OR CLUB?

Register to participate by emailing
coalhurstparade@gmail.com or call the town at
403-381-3033



Party IN-THE-PARK

SATURDAY, AUGUST 27
FROM 11 A.M. - 3 P.M.

IMPERIAL MEADOWS PARK

- BOUNCY CASTLES
- LASER TAG
- TRAIN RIDE
- DEK HOCKEY
- SLIP & SLIDE
- SPRAY PARK
- COTTON CANDY
- FOOD TRUCKS
- LAWN GAMES

**AND SO
MUCH MORE!**

SCAN ME





Movie will be picked closer to the date, follow our facebook page for updates! We will have a consession and also be serving free popcorn and water!

All you need to do is bring your blankets and lawn chairs and join us for a great night under the stars!



FREE REGISTRATION

SCAN ME



COALHURST MINER'S DAYS



SHOW & SHINE

SUNDAY, AUGUST 28, 2022

REGISTRATION: 10 AM - NOON
CAR SHOW: NOON - 4 PM

AWARDS • FOOD TRUCKS • MUSIC



FOR MORE INFORMATION CONTACT
DANIEL KAMBIETZ | 403-394-8486
coalhurstshowandshine@gmail.com

The Royal Canadian Legion Coalhurst Branch 273

5205 6 Street Coalhurst Alberta

August 2022

Friday: Meat Draws: 6:00,
6:30 and 7:00.

Queen Draw: 7:00

Friday: Jitney Darts: 7:00

Thursday:

*Jitney Pool Aug 11&25 \$10 registration-7pm start

*Burgers and Chips: Aug 11&25 Cooked from 5-6:30pm
for \$6:00 Kids get a free pop with meal.

Saturday: Free pool tables

Horse races: August 20 4:30 start

Steak Dinner: August 20 sign up by August 17

General Meeting: September 12 -7pm

**Veterans who need assistance can send an email
attention Service Officer at
legionbm273@gmail.com**



S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

This year we will be working Sunday afternoon Bingo's, some
Saturday afternoon Bingo's, and a few Tuesday evenings.

Please call Wendy to volunteer 403-634-5262.

Aug 28, Sept 25, Oct 17, Oct 30, Nov 1, Dec 24

Chase the Queen is a progressive 50/50.
Come in and chase her down and win
half the pot. If you don't catch her you
still win 20% of the nights sales if your
number is drawn.



Jitney Dart will be run on Fridays
nights.. Everyone is welcome to
come play \$7 registration- 7pm start.



MINERS DAY PARKING LOT PARTY

August 26 5:00 to 11:00
Featuring Coyote Creek
Shredded pork sandwiches
with coleslaw

Come have fun with us. Everyone welcome!
Children are welcome till 8 pm but must always be overseen.

We are hosting the
Western Canada
Darts pm August 14
check out their
website for details.
wclddarts.com



We have complementary meeting rooms for non-profit organizations.
We also have room rentals for private events. Please call for
bookings.

**We are collecting items and prizes for the
Loonie Auction.**

Hours of operation

Wednesday -Thursday 5:00 until close

Friday 4:30 until close

Saturdays 3:00 until close

We will remain open if there are Patrons

Closed: Sunday, Monday, and Tuesday

403-381-3080

We will be closed July 30



THROUGH YOUR DONATION TO THE LEGION POPPY
FUND, THE LEGION PROVIDES FINANCIAL
ASSISTANCE AND SUPPORT TO VETERANS,
INCLUDING THE CANADIAN ARMED FORCES AND
THEIR FAMILIES WHO ARE IN NEED.



INTERNATIONAL STUDENT PROGRAM



BECOME A HOMESTAY FAMILY!

The Palliser School Division is looking for homestay families to host a large number of international students who would like to attend a Palliser School for both short and long-term stays.



The opportunity to experience a cultural exchange in the comfort of your own home



See Canadian culture through the eyes of an International Student



Engaging experience that will give your family and the student memories that last a lifetime



Receive monthly compensation of \$825



Requirements

- ✓ Have a separate bedroom in your home
- ✓ Provide meals and some transportation
- ✓ Have a clear criminal record check

If you would like more information about the Homestay Program or to refer a family, please contact us.

403-328-4111

palliser_international@pallisersd.ab.ca

www.palliserinternationaleducation.com



Refer a friend
and receive a
\$250 bonus!

MENTAL HEALTH AND AGRICULTURE

Part One - STRESS and STIGMA



Global events, extreme weather patterns, and rising production costs can make times tough for producers in our communities. It should come as no surprise that those in the agricultural sector have higher rates stress, anxiety, depression, and burnout compared with many other industries. For example, 35% of farmers may be experiencing depression and 45% of farmers report high levels of stress leading to lower physical and mental health.

Myth: It's better to suffer in silence.

Fact: Isolation is where mental health issues thrive. So *make* time to connect. Our burdens can be unbearably heavy when carried on our own, but if we all share each other's burdens, they all become lighter.

The culture of stigma surrounding mental health within the agricultural sector can create a barrier to accessing services. However, showing that mental health is not a topic to be avoided or minimized creates the impression that you are a safe person to talk to, if needed, and helps to challenge the stigma that may accompany experiences of mental illness.

National organizations such as the Do More Agriculture Foundation are working hard to bring producers together to talk about what mental health needs exist and how they can be met to sustain the health and wellbeing for those engaged in this critical work in our communities. You can find out more about this group on their website (www.domore.ag), including accessing helpful *Wellness Tips*.

Local resources are also available. Residents of Barons-Eureka-Warner FCSS's service area can receive free in person, online, or over the phone counselling. First appointments can be booked using our online booking calendar (www.fcsc.ca) or by calling 587-370-3728. Distress Line of Southwestern Alberta is available 24 hours a day, 7 days a week, by calling 1-888-787-2880.

Stay tuned for future segments in our Mental Health in Agriculture series including Part 2 – *Signs of Stress and How to Kick It*, and Part 3 - *What to (Not) Expect from A Counselling Appointment at FCSS*.

"To our valued producers working hard out there – take care of you as you're the most valuable and irreplaceable piece of equipment on the farm!"

Visit www.fcsc.ca for more information.

For references and sources email amanda.fountaine@fcsc.ca

Submitted by:
Amanda Fontaine
FCSS Counsellor



SERVING: Barnwell | Barons | Coaldale | Coalhurst | Lethbridge County | County of Warner
Coutts | Milk River | M.D. of Taber | Nobleford | Picture Butte | Raymond | Stirling
Taber | Vauxhall | Warner



DOG GROOMING AND TRAINING

All Breed Dog Grooming – Tuesdays, Wednesdays, & Thursdays

Special care given to your family member:

- dogs are not crated, hand dried, short grooming time, provided with play opportunities

Training: Class and Private Training in Puppy, Obedience, Agility,

Located just across the highway from Coalhurst beside Noble Diesel

403-393-1269 OR 403-381-6890

Perfectpooches.com

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*Bring this coupon and get \$10 off
of your first grooming
appointment.*

Reiki

Julie Anhorn
Reiki Practitioner
Animal Communicator



Sessions Now Available for Animals & Humans!

Reiki is a Japanese technique that can
assist the body to
reduce stress,
which allows for relaxation & restoration
of the
body, mind & spirit



509 - 52 Avenue, Coalhurst, AB
julieanhorn.reiki@shaw.ca 403-892-4584



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Maureen Sexsmith-West
ISA Certified Arborist, PR-4600A
ISA Qualified Tree Risk Assessor

