



RANDOM ACT OF KINDNESS DAY

Friday, November 5, 2021

Learn more

Random Act of Kindness Day is celebrated by community foundations across Canada annually to acknowledge the power of small acts of kindness and encourage individuals to pay it forward.

A kind act can be anything from paying someone a compliment, holding the door for someone, or buying someone a coffee – just to name a few. On **Friday, November 5**, we invite you to perform kind acts for others and encourage them to do the same, creating a wave of kindness across all of Southwestern Alberta.

1

On Random Act of Kindness Day, **perform** a random kind act.

2

Share your random kind act with us on social media, using the hashtag **#rakdayCFLSA**. Be sure to tag the Community Foundation in your post.

3

Be **entered** for a chance to win a **\$500 Kindness Grant** for the local CRA-registered charity of your choice!

Not on social media? No problem: call or email our office at 403-328-5297 or office@cflsa.ca, and we'll record your entry!

JOIN THE CONVERSATION



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