

SERVICE CANADA

READY TO HELP - SENIORS



We are ready to help Canadians through the COVID-19 outbreak. Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.alpha.canada.ca/en/start)

EMPLOYMENT INSURANCE (EI) PROGRAM

We made temporary changes to the Employment Insurance (EI) program to better support Canadians who need financial assistance. As of September 27, 2020, the minimum benefit rate for EI regular claimants is \$500 per week before taxes in most cases.

<https://bit.ly/3aGavD2>

1-800-206-7218

CANADA PENSION PLAN

The Canada Pension Plan (CPP) retirement pension is a monthly, taxable benefit that replaces part of your income when you retire. If you qualify, you'll receive the CPP retirement pension for the rest of your life.

<https://bit.ly/2N52j7k>

1-800-277-9914

OLD AGE SECURITY

The Old Age Security (OAS) pension is a monthly payment you can get if you are 65 and older. You may have to apply for the Old Age Security. We may not have enough information to enroll you automatically.

<https://bit.ly/2YV8s8v>

1-800-277-9914

GUARANTEED INCOME SUPPLEMENT

The Guaranteed Income Supplement (GIS) is a monthly payment. In many cases, we will let you know by letter when you could start receiving the first payment. We will send you this letter the month after you turn 64. In other cases, you may have to apply.

<https://bit.ly/3qeXkQd>

1-800-277-9914

MENTAL & PHYSICAL HEALTH

Access support workers, social workers, psychologists and other professionals for confidential chat sessions or phone calls by texting WELLNESS to 741741.

<https://bit.ly/3rAp6XC>

SOCIAL INSURANCE NUMBER

You can apply for your **Social Insurance Number (SIN)** online. Agents are available Monday to Friday, 8:30 am to 4:30 pm Canadian Local Time, except on statutory holidays.

<https://bit.ly/3o4Wq8r>

1-866-274-6627

We will provide a one-time payment of \$500 during the week of August 16, 2021 to Old Age Security pensioners who will be 75 years of age or over as of June 30, 2022. We will also increase to the Old Age Security (OAS) pension by 10% for seniors 75 years of age and over as of July 2022. <https://bit.ly/3hVzN4P>

Fill out our online service request form to let us know how we can help you, and we'll get back to you in two business days: eservices.canada.ca

Not sure if you need to repay the **Canada Emergency Response Benefit**? Go to Canada.ca/repay-cerb or call **1-800-959-8281**.

For a complete list of programs, services and resources available through the Government of Canada visit: Canada.ca/seniors