

Meet the Coalhurst Team

Family & Community Support Services



<p>Youth Programs Amanda Lawrence Youth Empowerment Coach 403-405-4466 Amanda.lawrence@fcss.ca</p>	<p>Parent Program Brenda Rathwell Parenting and Family Coach 403-320-1931 Brenda.Rathwell@fcss.ca</p>
<p>Counselling Program Individuals, Couples, Families Counselling inquiries or appointments, please contact: 587-370-3728 Intake.coordinator@fcss.ca</p>	<p>Volunteer and Seniors Program Cindy Lauwen Coordinator 403-223-7230 Cindy.lauwen@fcss.ca</p>

The FCSS philosophy is based on a belief that self-help contributes to a sense of integrity, self-worth and independence.

Programs developed are intended to help individuals in their community to adopt healthy lifestyles, thereby improving the quality of life and building the capacity to prevent and/or deal with crisis situations should they arise.

“When one neighbour helps another, we strengthen our communities”.

~Jennifer Pahlka