

COALHURST SENIORS IN ACTION COALHURST 55 PLUS SOCIETY



A great place for Coalhurst and district seniors

to get

together for fun and socialization.



ACTIVITIES

Wednesday mornings 10 – 11 a.m., September until April, **exercise** classes are held lead by a qualified instructor. It is such a fun group that our retired instructor drives all the way from Raymond every week to lead our group.



Wednesday evening is our regular **meeting and club night** with Wii, shuffleboard, bocce ball, cards, socializing, or whatever and a luncheon that all members take turns supplying.

Friday morning 10:00 - noon is drop-in with some wild and wonderful **crib** players, plus the club is open for other activities if you are not a card player.

SPECIAL EVENTS

Christmas, Halloween, Valentines etc. parties, BBQ's, potluck dinners, senior's conferences, teas, tournaments, trips, speakers, lots of variety.

VOLUNTEERING

Members of the 55 Plus Society volunteer for such things as PAL program - reading with students at the elementary school, Between Friends - with the grade 8 students at the high school, working Legion bingos in support of community groups, Remembrance Day services, school councils, community events and much more as the need arises.

INFORMATION

Drop in to one of the activities and learn all about the 55 Plus Society. The age for membership is 45 and up, however you must be 55 to vote. The annual membership fee is \$15.00. Wednesday evening and Friday morning is \$1.00, to cover cost of supplies. For more information contact Jann Conarroe at 403-634-6187 or May McDonald at 403-381-4790. The 55 Plus Society is located at 5205 - 6th Street, downstairs in the Legion.

